

LOOK FAMILIAR?

FAT

WEIGHT

THIN

- Do you compulsively exercise?
- Are you dissatisfied with your body?
- Do you deny or hide your eating behavior?
- Do you binge?
- Do you ever vomit after a meal to try to lose weight?

You are not alone! Join a free ANAD (National Association of Anorexia Nervosa and Associated Disorders) in your community and meet others who share similar feelings. Look below for information about the next meeting or call the group leader for details.

MCR Foundation
1400 McCallie Ave, Suite 114
1st and 3rd Tuesday of every Month
February 17th, 2009
6:00p.m
Call 423-622-2666
www.mcrfoundation.com